

University of Pennsylvania

NRSA Postdoctoral Insurance Plan

Monthly Rates, Department, Grant and Postdoc Contributions
Effective July 1st, 2023 - June 30th, 2024

	Total Monthly Premium	Paid by Department or Grant	Paid by Postdoc
Medical POS - Aetna			
Postdoc only	\$893.12	\$828.12	\$65.00
Postdoc + Spouse	\$1,866.62	\$1,452.62	\$414.00
Postdoc + Child(ren)	\$1,569.84	\$1,296.84	\$273.00
Postdoc + Family	\$2,902.63	\$2,387.63	\$515.00
Dental HMO - Aetna			
Postdoc only	\$17.90	N/A	\$17.90
Postdoc + Spouse	\$35.80	N/A	\$35.80
Postdoc + Child(ren)	\$40.27	N/A	\$40.27
Postdoc + Family	\$58.17	N/A	\$58.17
Dental PPO - Aetna			
Postdoc only	\$31.11	N/A	\$31.11
Postdoc + Spouse	\$62.22	N/A	\$62.22
Postdoc + Child(ren)	\$70.00	N/A	\$70.00
Postdoc + Family	\$101.11	N/A	\$101.11
Vision - Aetna			
Postdoc only	\$6.03	N/A	\$6.03
Postdoc + Spouse	\$11.45	N/A	\$11.45
Postdoc + Child(ren)	\$12.05	N/A	\$12.05
Postdoc + Family	\$17.71	N/A	\$17.71
Employee Assistance Program (EAP) - Aetna			
	\$1.57	\$1.57	N/A
Life & AD&D Insurance - The Standard			
	\$4.00	\$4.00	N/A

Please note: The billing for the postdoctoral scholar group is done in arrears. This means that the premium deductions are taken from your paycheck at the end of the month and are payment for your insurance enrollment in that same month. For example, if a premium deduction is taken from your paycheck at the end of September, your September insurance premium has just been paid.